SACRAMENTO AREA CAREER WOMENS NETWORK, INC.

Vol. 4, No. 10 October, 1988

# NEXT MEETING: SATURDAY, OCTOBER 15, 1988

**Place: Unitarian Universalist Church - 2425 Sierra Blvd.**

(Directions: Hwy. 50 to Howe, North on Howe, past Fair Oaks Blvd., turn right on Sierra Blvd. OR go south on Howe, past Northrup, turn left on Sierra Blvd.)

**8-9 pm - Social Hour**
**9-Midnight - Dance**

**Cost: $18.00 Pre-registered subscribers (due by October 8)**
**$22.00 Non subscribers and subscribers at door**

## "HOT OCTOBER NIGHTS"

**featuring dance music by the**

## MOONLIGHTERS

**O.K. this is it! - The event you have been waiting for!**
**On October 15th, SACWN, Inc. is GOING TO SIZZLE!!!**

The special events committee has done it again ! Highlighted by a repeat performance by the very popular all woman group, The Moonlighters, Sacwn, Inc. will be hosting an evening guaranteed to please. Hors d'oeuvres will be provided and a no host bar will be available. As always optional Teddy Bear stickers will be provided to single participants who wish to be identified. Don't forget to take advantage of the reduced advance reservation pricing by sending in the reservation form on page 7 by October 8th.

**Don't miss out on this exciting event. Mark your calendar now and join over 300 women in dancing the night away!!!!**

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# CORPORATE COORDINATOR'S REPORT

Two decisions affecting elections and a third clarifying participation in SACWN's special interest groups are at the top of my report this month.

**ELECTION: MAIL BALLOTS & ONE YEAR TERMS**

At the Steering Committee retreat on August 21, it was decided to establish one year terms (rather than the traditional two years) for all Steering Committee positions for the 1988-89 term only.

Our thinking was that with the current work overload being felt by all Steering Committee members, and the plan to hire a part time staff person by October to try to relieve and streamline the workload, it would better enable us to attract Steering Committee candidates if they needed to make just a one year commitment during this transitional year.

Then, this time in 1989, we'll re-evaluate and see if some positions at least should go back to two-year slots to provide continuity on the board, while others could be one year just as effectively.

Next, in response to a proposal by the Newsletter committee to improve voting procedures and turnout, since it has always seemed rather chaotic to try to vote at the October Annual Meeting & Dance, we have decided to institute mail-in ballots this year.

As you will see later on the pages of this newsletter the candidates have submitted statements indicating their experience and why they want to serve. Following those statements, you will find a special ballot insert which has been numbered and inserted randomly in the newsletters to insure the validity and confidentiality of voting procedures.

This ballot must be postmarked by Oct. 8, 1988 to be counted in the election. New Steering Committee members will be introduced at the October 15 Annual Meeting & Dance, and will begin their duties October 29th at a one-day working retreat scheduled to reassign duties and get everyone working together successfully.

**PLEASE VOTE AND TAKE PART IN YOUR ORGANIZATION!**

**Special Interest Groups: Participants MUST Join**

As most of you know, special interest groups were developed by the Networking Committee in specific response to the stated needs and desires of SACWN, Inc. subscribers to have opportunities to meet in smaller groups and more often than the monthly meetings.

Recently, some problems have arisen in that some special interest group participants have said they want to stay in the groups but not join SACWN, Inc., contrary to stated Networking Committee policy which permits attendance at one event as a guest and thereafter requires subscribership.

At the September 6th meeting the Steering Committee voted to support the Networking Committee policy and to require that special interest group participants must become subscribers in order to continue after their one guest event. The reasons for this policy are many. It takes considerable time and effort and some expenditure to plan and coordinate these groups, and it only seems fair to those who support SACWN, Inc. and for whom these groups are a benefit of subscribing to restrict participation to those who also pay their modest SACWN, Inc. dues. It also affords some protection to those who are opening their homes to such events, that they will be manageable in size and restricted to registrants who have a similar commitment to respecting others' confidentiality and to creating a safe environment for women to meet and interact.

There have been many such unaffiliated groups out there before SACWN, Inc. and certainly there will be many after who come and go. It takes much energy and time commitment to sustain our organizations. Your SACWN, Inc. leadership is trying to stick with what we feel we can manage in a quality way for you. This policy is simply a way of trying to stay with our original purpose and to do the best that we can for our subscribers. We hope that others will try to understand and support this goal. Thanks for your help if you get asked.

***Rosemary Metrailer***
***Corporate Coordinator***

# STEERING COMMITTEE COORDINATOR'S REPORT

The SACWN, Inc. working retreat August 19, 20, 21, 1988 was a turning point for our organization. What has come out of that weekend is the future of SACWN, Inc. Making the decision to move forward with the growth of SACWN, Inc. with a plan that will manage growth both efficiently and wisely.

Our plan was first to assess our present needs. Second to develop the plan and finally to implement that plan.

Our needs meant finding 25 new volunteers to deal with the increased time commitment.

Hiring a paid administrator to handle the expansion of administrative duties of an organization that has grown from 10 to 300 members in three and one half years.

Taking the time to design a workflow path with specific procedures to better anticipate current and future needs.

This plan is, of course, only a beginning. However, it is exciting to know that SACWN, Inc. is going to continue to expand and be there for you and all women who want to a part of this very special organization.

***Judith Franks***
***Steering Committee Coordinator***

# REFLECTIONS ON THE BODEGA RETREAT

I had been with my partner for over a year before I found out that she was coordinator of the SACWN, Inc. Steering Committee. As a meeting was getting started one night, I came home and jokingly asked, "Who's in charge here?" Quickly several members replied that my partner was. I thought they were pulling my leg. I was shocked that I didn't know.

In a way these women who serve us on the Steering Committee are like magicians who walk on rice paper without leaving footprints. I have occasionally seen the women get into power struggles over how best to do something. I have seen them agonize with each other over what is best for the membership. But I have never seen an ego strut its stuff. A more self-effacing group of perfectionists you will never meet. To a woman they are caring, intelligent, and creative. They are over-achievers who are not only involved in their own careers and SACWN, Inc. work but in a hundred other community concerns. When a problem comes up they don't sit around and complain; they solve it. Because they are women of integrity, I trust them. Because they are women of strength, I find joy in watching them work. Because they are powerful, I like being near them.

Every month, like clockwork, they put on an event. At these events I see other women, the general membership, who like the members of the Steering Committee possess qualities I value in women. For a moment we put aside all our petty stuff and we fill our space with a confetti of sparkling smiles, with the warmth of our good will. SACWN, Inc. is where we do something nice for ourselves. But I think it important to remember that it is the Steering Committee and their various committees who organize this space for us. They are the source of our experience by way of the work they do in preparation for each event.

Yet apparently the Steering Committee has been in crisis. At the August SACWN, Inc. event some of the committee members gave a report prior to the main event. They had spent a working weekend in Bodega Bay, and with the help of Bay Area facilitator Anita Gherardi tried to resolve some of the problems facing SACWN, Inc.

Rosy, our founder, gave a brief history of SACWN, Inc. how it started with perhaps ten women having brown bag lunches in her office and has grown to a membership of over 300 women. At the retreat the women had to ask themselves some hard questions. What are they about as a group? Did the Steering Committee want to see continued growth and could they handle it? Where are we going as an organization?

Corky expanded on the problem of growth. She reported that five people on Jayne's Subscription Committee had put in 104 hours of work the preceding month handling data collection and coordination. Not only has the work load increased but with increase of membership the problem of putting on quality events reasonably priced increases. The October dance will cost $3,200; half of that in food and room rental. How can we continue to put on quality event's?

Jayne reported that the group facilitator drew out some of the things about which the Steering Committee can feel rightfully proud. Their caring attitude and responsiveness to the membership headed the list. But they also felt good about their work as a team, their energy and commitment. The expansion of the newsletter and the development of a projected budget were concrete accomplishments.

Judith, the current Steering Committee Coordinator, spoke about the future. She affirmed that at the retreat the group bonded and recommitted itself to the growth of SACWN, Inc. As a way to accommodate growth, the Committee will hire a part-time staff person, limit terms of office to prevent burn-out, add new committees, and enlist 28 new volunteers.

The report was brief, and I also had the feeling it was a little understated. It is so much easier to walk away sometimes than to admit the need for help. My understanding of the report is that these women are asking us for our input and our help in creating events. They shared with us their commitment and their vision; but they were also issuing a call. A call, if it is heard, must evoke a response or the vision and the commitment die.

Albert Schweitzer once said:

**"I do not know what life holds for each of you. But I do know that none of you will ever be happy until you have sought and found how to serve."**

The Steering Committee needs us to work with them, to serve with them. I can think of nothing more rewarding than investing either time or money in serving other women. Each of us must look within and discover how best we can answer the call of our leadership. Truly the future of our organization depends upon our response.

***Joyce Bright***
***Feature Writer***

## IN THE COMMUNITY

**A SUPPORT GROUP FOR WOMEN**

testing HIV Positive or diagnosed with ARC or AIDS has been formed. This group meets one evening a week in Sacramento and is FREE of charge. New members are always welcome. For furthure information, contact:
**Phyllis Kaufman, LCSW**
**at 453-0343**

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**October 8th Coming Out Follies**
Put on by the Lambda Community Center, 442-0185

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**October 11th IS NATIONAL COMING OUT DAY!!!!!!!!!**

# SACWN STEERING COMMITTEE CANDIDATE'S STATEMENTS

## LYDIA ROSEBY

**PRIOR EXPERIENCE:** Vice Chair of Department of Food and Agriculture Women's Advisory Council, Member at Large of Department's EEO/AA Committee.
**STATEMENT:** Our subscribership is so rich in diversity and so supportive of each other, that I would like to be a part of the decision making process and help us continue to grow and maintain that uniqueness. I want to help us reach out and demonstrate the effects of our empowerment to others, and when we realize our uniqueness and bond together in loving friendships, nothing can stop us. I hope you will help me realize my goal by voting for me in October. Thank you.

## JOANNA L. CASSESE

**PRIOR EXPERIENCE:** I have been a member of SACWN, Inc. for three years and have been a member of the Steering Committee for the past two years.
**STATEMENT:** Being Emcee at programs I have watched SACWN, Inc. double in size and quadruple the quality of our events. I would like to continue on for one more year now that the momentum is really at full strength. On the personal side, SACWN, Inc. keeps me in touch with my true purpose, to help those who I can, and give back as much love as I receive.

## ROSEMARY METRAILER

**PRIOR EXPERIENCE:** I have served on the Steering Committee since the beginning of the group in 1985. I have also served on the boards of Women Lawyers of Sacramento and the Sacramento City-County Human Rights/Fair Housing Commission, which I now serve as vice-chair.
**STATEMENT:** I want to continue to serve SACWN, Inc. in a leadership role, especially this next year during the effort to make the organization function more smoothly and meet the challenges of our growing subscribership. It is fun, challenging, and very personally rewarding to me to meet and know the women of SACWN, Inc and to participate in trying to run a business whose primary goals are service and mutual support within the community most dear to me.

## WILLIE NEVISON

**PRIOR EXPERIENCE:** At present, I am serving as a member of the Special Events Committee. I served as a board member and round dance instructor in square dancing over a 12 year period. In the past 2 years I've worked on teams as a member and leader in seminar programs.
**STATEMENT:** My name is Willie Nevison. I've been a member of SACWN, Inc. from the first meetings. I really believe in the significance of the contribution this organization brings to our community. I would like to be considered for the Steering Committee.

## ROSANNA HERBER

**EXPERIENCE:** Recorder for SACWN, Inc. Steering Committee Meetings (6 months); Events Committee (6 months); and presently member of Networking Committee.
**STATEMENT:** I am running for the SACWN, Inc. board because I want to play a role in making SACWN, Inc. the best that it can be. As an organization, we need to continue building a strong community in which we feel supported and nurtured. My vision for SACWN, Inc. is an environment that expands our horizons and connects us with others who help us follow our dreams. I hope you will vote for me. Thank you for your consideration.

## CORKY FESSIA

**PRIOR EXPERIENCE:** My experience for the Steering Committee has been my two years as the Special Events Coordinator. I have gained valuable experience and learned all the ins and outs that it requires to put on 5 events a year for over 100 to 200 women.
**STATEMENT:** I am running for the Steering Committee again because I am committed to the idea of this organization in Sacramento. I wish to give all that I can to see that this keeps going and growing. I am interested in seeing that we continue to expand but I do not want to see us get to be a group of "cliques". I will continue to help provide an atmosphere of openness and friendliness. I enjoy getting others involved (as many of you have noticed) and hope to continue to be able to encourage others.

## LILL ORDAZ

**PRIOR EXPERIENCE:** I have been a member of SACWN,Inc. since April 1988 when I began the "Singles Only" special interest group. As chairwoman of this group, I have organized a monthly potluck while compiling and distributing a "Singles Directory" for our membership. I have been a business owner for the last five years, which has enabled me to utilize my creativity and sense of humor.
**STATEMENT:** I would like to serve on the SACWN,Inc. Steering Committee because I have a limitless supply of creative ideas, energy and commitment. I truly believe, the Steering Committee could use someone with a healthy "Napoleonic Complex"; today SACWN, Inc., tomorrow the WORLD!

## YOLANDA ORTIZ

**EXPERIENCE:** SACWN Steering Committee Newsletter Coordinator for the past year.
**STATEMENT:** Serving on the SACWN Steering Committee, to me, definitely is time extremely well spent. It is a place where we all can freely share information, extend a hand. It is an environment of familia. I ask for your vote allowing me to continue working on making our organization a really fine group that offers excellent programs for its members.
VIVA SACWN !!! (LONG LIVE SACWN) !!!

# SACWN, INC. STEERING COMMITTEE
# OFFICIAL BALLOT

**Vote for up to seven (7) candidates only by marking the box next to the candidate name(s) with an "x". See candidate statements, page 4, for assistance in making your decision.**

| | | | |
|---|---|---|---|
| Willie Nevison | ☐ | ☐ | Lill Ordaz |
| Rosy Metrailer | ☐ | ☐ | Lydia Roseby |
| Rosanna Herber | ☐ | ☐ | Corky Fessia |
| Joanna Cassese | ☐ | ☐ | Yolanda Ortiz |

**This ballot MUST BE POSTMARKED NO LATER THAN OCTOBER 8th, 1988 to be counted, and, for your convenience, has been designed so that you may fold it into three sections, staple, add postage, and send to the address already printed on the back. No duplicated ballots will be accepted.**

**Each ballot has been numbered to assure validity and randomly inserted to assure confidentiality of your vote. If you know a subscriber who did not receive her newsletter/ballot this month, have her call Rosy at 447-7255 before October 8th to make arrangements to get a ballot.**

**Thanks for your participation in SACWN**

**NOTE: Ballots with more than 7 candidates selected or duplicated ballots will be disqualified.**

BALLOT NO. 00271

PLACE
STAMP
HERE

SACWN, INC.
P.O. BOX 661332
SACRAMENTO, CA 95866

# SPECIAL INTEREST GROUPS

**BRIDGE**

The next game will be at 5:30 p.m. on Sunday, October 23. Call Lise or Vivian for the next meeting place, 452-5727.

**GOLF**

Regular tournament play ended in September. A tournament is being held at Bodega Bay the weekend of October 8-9. Contact Melody, 392-3609.
Lessons: Dori, 428-9401.

**SINGLES ONLY**

Next event is a Halloween party on Saturday, October 22 from 7 p.m. to 12 a.m. Costumes are encouraged; bring a pumpkin. Send a self-addressed stamped envelope to Lill, 4416 Juno Way, Sacramento,CA. 95864 for directions and hors d'oeuvres assignment. (481-3786).

**ADULT CHILDREN OF ALCOHOLICS**

This group is still open and meets every other Thursday. The focus of the group is journal writing and sharing about the 12 Steps. Call Kathy, 421-8427.

**OUTDOOR RECREATION**
Ellen, 456-1420

**SELF- EMPLOYED WOMEN**
Aeriel, 452-5503

**METAPHYSICAL/SPIRITUAL**
Barbera, 929-7154; Cindy 972-1565

## NEW GROUPS

**LESBIAN MOTHERS AND CO-PARENTS**
Alyssa or Madlyn, 487-3978

**LATE-BLOOMING LESBIANS**

A new group is being formed for women over 45 who have been out less than five years and are interested in sharing their experiences. First meeting, Wednesday, October 19th at 7:30 p.m.
Call Ariel, 483-9794.

Coordinator for Special Interest Groups is Networking Committee Member, Ellie Zacks, 967-0611. Contact her if you have information for the newsletter about a special interest group or if you have a suggestion for a new group.


**SACWN Steering Committee**

**Steering Committee Coordinator**
**Judith Franks, 924-8266**

**Financial Coordinator**
**Donna Becker, 962-1056**

**Corporate Coordinator**
**Rosemary Metrailer, 447-7255**

**Special Events**
**Corky Fessia, 441-6810**

**Programs**
**Joanna Cassese, (415)787-1623**

**Networking**
**Donna Sanderson, 447-9330**

**Subscription Development**
**Jayne Rountree, 921-6642**

**Newsletter Coordinator**
**Yolanda Ortiz, 444-5868**


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*(916) 921-6642*

*JAYNE ROUNTREE*
*BROKER-ASSOCIATE*

*BLAZER REAL ESTATE 929-0222*


## SACWN CALENDAR

**OCTOBER**

October 4 - Steering Committee Meeting
October 11 -Newsletter Committee Meeting
October 15 - Annual Meeting and Dance
October 29 - Special Steering Committee Meeting

**NOVEMBER**

November 1 - Steering Committee Meeting
November 8 - Newsletter Committee Meeting
November 9 - Volunteer Awards Dinner
November 20 - Holiday Party

## JOB OPPORTUNITY

### SACWN ADMINISTRATIVE ASSISTANT

Independent contractor/ staff position-20 hrs/wk. Skills needed: light bookkeeping, data entry, typing, phones,attending meetings & composing minutes, pickup and sorting of mail, banking. Salary depending on experience. Equipment needed: computer & printer, office, phone, access to copier, transportation.

**Send resume by October 1, 1988** to Corporate Coordinator, SACWN, Inc., P.O. Box 661332, Sacramento, CA. 95866.

## SACWN CLASSIFIEDS

ROOMMATE WANTED TO SHARE MCKINLEY PARK 3BD. 1BA HOME. FIREPLACE. HARDWOOD FLOORS. FENCED YARD - PETS OK. 454-5847

LOOKING FOR RIDE-SHARING TO SACWN FROM MARYSVILLE AREA. CALL DEBBIE, 743-9668.

## NEWSLETTER STAFF


**Editor.....Suzy**
**Proofreader.....Terry**
**Writers.....Lydia & Joyce**
**Production.....Lydia**
**Advertising/Circulation.....Yolanda**

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**Metrailer & Langenkamp**
**1329 H Street - Sacramento - CA 95814**
**(916) 447-7255**

*COUPLES, FAMILIES, INDIVIDUALS*



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LICENSED PSYCHOLOGIST
**PR10426**

**(916) 967-0611**
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TEAR HERE

## OCTOBER
## HOT OCTOBER NIGHTS

Please include self-addressed, stamped envelope and a check or money order, made payable to SACWN, Inc. and mail to:

SACWN, INC.
P.O. BOX 661332
SACRAMENTO, CA 95866

Number of tickets: Subscriber @ $18.00 = $ _____
(Please list subscriber names below)

Non-Subscriber @ $22.00 = $ _____

Total Amount Enclosed = $ _____

Subscriber Names:

1. _____ 4. _____
2. _____ 5. _____
3. _____ 6. _____

**TICKET ORDERS MUST BE POSTMARKED BY OCTOBER 8TH, 1988**

TEAR HERE

### SACWN, Inc. -- Subscription/Renewal By Mail

Annual cost is $24 for a calendar year (or two $12 installments, the second due in 6 months). Subscription entitles you to receipt of our monthly newsletter and discounts for our various functions (dinners, dances). To avail yourself of these services provided by SACWN, Inc., send a check for the correct amount made payable to SACWN, Inc.,

New Subscription ☐
Renewal ☐

Enclose check and mail to:
SACWN, Inc.,
P.O. Box 661332
Sacramento CA 95866

Annual ($24) _____
1st Installment ($12) _____

Name _____
Address _____ City _____ State _____ ZIP _____
Home Phone _____ Work Phone (optional) _____
Career Interests _____

This form is NOT a permanent record -- please note: Names on checks are listed on our financial records and may be audited. You may elect to pay cash for your subscription and/or admission to our events. For your protection, do not send cash through the mail; if subscribing by cash, please make your payment at the next meeting you attend.

### SACWN ADVERTISING RATES

As space permits, community announcements and appropriate advertising of interest to and by subscribers will be included. Organizations/events charging admission, businesses, rentals and sale items can be listed according to the following rates:

Subscriber Rates: Classified = $ .20 per word
Camera-Ready business cards = $15.00
Display = $10 per column (vertical inch)
Flyers/Inserts = Call for rates

Non-Subscriber Rates: Included as space permits at 1-1/2 times the subscriber rates, sponsored by subscriber.

Ads running 3 months or longer receive a 10% discount.

Call Yolanda at 444-5868 for more information. Ad deadline: 15th of each month. Only legible hard copy of ads will be accepted - NO ADS WILL BE TAKEN OVER PHONE. Please make check out to SACWN, Inc., and send with hard copy of ad or camera ready copy of business card to Yolanda Ortiz, 1336 7th Avenue, Sacramento, CA 95818, to be received by the 15th of the month. SACWN, Inc., reserves the right to refuse any advertisement. SACWN, Inc., does not warrant the service or product of any advertiser.

***SACWN, Inc.***
P.O. Box 661332
Sacramento, CA 95866